

BULLYING



WHAT IS BULLYING?

Bullying is defined as a pattern of repeated physical, verbal, psychological or social behaviour that involves the misuse of power and is intended to cause harm, distress and/or create fear.

DIFFERENT TYPES OF BULLYING:

- **Verbal bullying:** which includes name calling or insulting someone about physical characteristics such as their weight or height, or other attributes including race, sexuality, culture, or religion.

- **Physical bullying:** which includes hitting or otherwise hurting someone, shoving or intimidating another person, or damaging or stealing their belongings.

- **Social bullying:** which includes consistently excluding another person or sharing information or images that will have a harmful effect on the other person.

- **Cyber bullying:** is an alternative label for online bullying, and describes bullying carried out through the internet and mobile devices.

WHERE CAN BULLYING HAPPEN?

Bullying can happen in person or online, and it can be obvious or hidden.

"84% of students who were bullied online were also bullied in person."

WHAT WILL THE SCHOOL DO?

Bullying behaviour is not accepted at Hoxton Park High School. All incidents of bullying and harassment, should be reported to the school, and will be addressed.

ACTIONS MAY INCLUDE:

Prevention: strategies and programs to recognise the value of diversity, the importance of positive and respectful relationships.